

ALL  
NEW!

5-ingredient skillet suppers

EAT GREAT  
ON VACATION

TAKE A BITE OUTTA LIFE!

# Every Day

with Rachael Ray

## EAT UP SUMMER!

- ★ COOKOUT SPECTACULAR
- ★ 30-MINUTE MEALS
- ★ 14 YUMMY DRINKS

## GREAT BBQ!

RIBS, BRISKET,  
PULLED PORK—YUM!

## BEACH PARTY

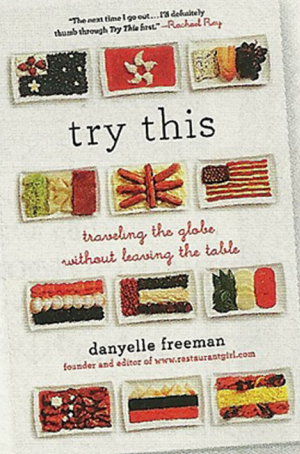
(come barefoot!)

## BIRTHDAY CAKE FUN

## Andrew Zimmern's DISNEY

RECYCLED PAPER

chicken sliders  
from Rach's  
mix 'n' match  
slider party!



try this

traveling the globe  
without leaving the table

danyelle freeman  
founder and editor of [www.restaurantgirl.com](http://www.restaurantgirl.com)

## FOODIE BOOK BUZZ

### Try This

by Danyelle Freeman, Rach's friend  
and founder of [restaurantgirl.com](http://restaurantgirl.com)  
Freeman shows how to eat exotic  
foods like an insider.

### A FEW CHOICE BITES

- **Slurp...soba noodles.** Go for it! Slurping aerates them and makes the flavor even more intense. Be sure to eat them quickly and while they're hot—it'll keep the flavor fresh.
- **Eat...cheese rinds!** All rinds except wax and cheesecloth rinds are edible and delicious!
- **Dip...sushi fish-side down.** Otherwise, the soy sauce gets soaked up by the rice and is overpowering.
- **Share...at Korean restaurants.** Your friends won't invite you back if you don't share your meal with the group.